



# Edisford Newsflash

Week 13

Hello everyone! Welcome to another weekly Newsflash which aims to keep you well-informed about weekly events at school. We will still be sending out a more detailed newsletter which celebrates children's achievements, but this newsflash will ensure that you are kept up to speed with things from week to week.

## Marvellous Manners

Our Marvellous Manners celebrate British values and our Edisford Characteristics for Success – Confidence, Resilience, Getting Along, Organisation and Persistence. Each week, our Ambassadors give us a new Marvellous Manner to work on, and on Fridays, the teachers give out house points to those who have particularly stood out.

### This Week's Marvellous Manners: Joining in the Christmas show practises.

Mrs Darnell, Mrs Smithson & Mrs Blackmore nominated: Caleb S, for standing up at the right time for his narrating part and speaking clearly.  
Franklin E, for always doing the right thing, and joining in and having a go.  
Miss Blockeel, Miss Knight and Mrs Halstead nominated: Finn C, for being wonderful on stage with his big booming voice for our show!  
Effie B, for her wonderful performance in show practise.  
Mrs Calton & Miss Slinger nominated: All of year 2, for being spectacular in their show practise.  
Mrs Dryden nominated: Aayah H, for getting stuck in and knowing all the song words.  
Jenson W, for being a super star in the show.  
Cory K, Bertie K & Harry L, for dancing at the panto and enjoying every minute!  
Mrs Colvin nominated: Lilly K - she has blown every member of staff with her smiling face, knowing all the lyrics and joining in with the actions!  
Evelyn S, for being a born performer, doing everything in the show with precision and grace. She has shone again this week even more than last week.  
LillyK - Mrs Aguis wants to give her points for shining in our show practise.  
Lilly K - Mrs Chadwick would like to give her points for wowing her in the show.  
Mrs Agius nominated: Autumn B & Leon F, for shining in the show practise.  
All of Year 5 for amazing dedication to show practise!  
Mrs Jackson & Mrs Chadwick nominated: Kaleb C, for joining in amazingly with our show practise and shinning with his performance.  
Coben M, for getting stuck in with the show even though it's not 'his thing'.

### Next Week's Marvellous Manners: Treating everyone with kindness.

#### Astounding Attendance!

1st Place - Year 4  
2nd Place - Year 1  
3rd Place - Year 5

#### Music Genre of the Week Film Score

A film score is original music written specifically to accompany a film or a television program. The score consists of a number of orchestral, instrumental, or choral pieces, called cues, that enhance the dramatic narrative and emotional impact of a scene.

## News, Notices & Events

### Show Tickets

Tickets for all the Christmas performances are now on sale. Payment for tickets can be made on ParentPay, and tickets will be sent home, in an envelope, with your child. Tickets are selling fast!

### Gate Closure

Please note that our gate at the bottom of the field leading to Siddows Avenue will be closed until after Christmas. During this time, please use the Edisford Road entrance onto the playground (not the school drive).

### Nursery Update

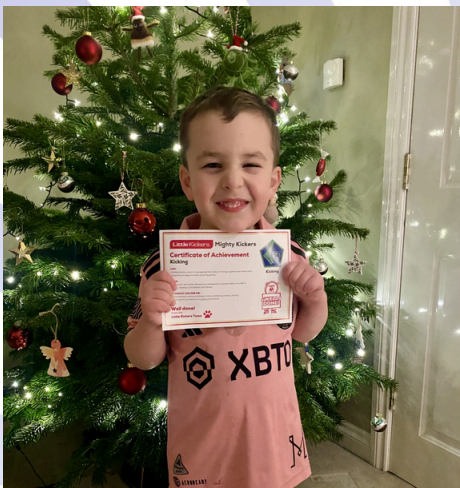
Right Start Day Nurseries are delighted to let you know that their brand new baby and toddler units are being delivered next week! If you would like to register your child for a place at the nursery, please contact Mrs. McManus in the school office on 01200 422239. Availability is limited - reserve your place soon to ensure you don't miss out!

### Edisford Larks at Tesco

Our fantastic school choir will be filling Tesco with some Christmas cheer on Wednesday 17<sup>th</sup> December at 10am. We hope to see you all there!



## Out of School Achievements



Well done to Stanley, for earning a certificate at football practise! Keep up the great work!

Fantastic work at Beavers, Fletcher - you are growing in confidence!



# Community Events

**LOW MOOR CLUB**

## MINI CHRISTMAS MARKETS & LIGHT SWITCH ON

WEDNESDAY 10TH DECEMBER  
4PM ONWARDS

STALLS • LIVE MUSIC • CAROLS  
FOOD & DRINK  
MULLED WINE & HOT CHOCOLATE

Thursday 11th December

## Christmas Concert

Music by Slaidburn Silver Band

Doors 7pm for 7.30pm start  
Tickets £4 from the Old School Rooms.  
Includes mulled wine and mince pies

**CLITHEROE YFC CHRISTMAS TRACTOR RUN 2025**

**SUNDAY 21<sup>ST</sup> DECEMBER**



## Wellbeing Section

### DID YOU KNOW?

Your diet consists of more than simply what you eat. It also refers to what you watch, listen to, engage with and who you spend time with. Essentially, your 'diet' is anything you let past your boundaries that can have an impact on you physically, emotionally or mentally. In a world that is designed to distract us, teenagers can focus on average for 65 seconds, whilst office workers can give focused attention for just 3 minutes!

**So, what can we do to protect our energy and attention?**

#### 1. Track moods

Sometimes, in the busyness of day-to-day life, it can be easy to miss the impact things have on our mood.

Whether it's emails pinging and interrupting your train of thought, a quick scroll through social media, or the WhatsApp group chat, be mindful of how you feel during and after engaging in a distracting activity.

Score your mood out of five afterwards. Over time, is it consistently bringing you down? Being aware of this is the first step in making a change.

#### 2. Engage senses

One of the problems with distraction culture is that it keeps you 'in your head'. This is a recipe for anxiety. If you notice your mood dipping or signs of anxiety it can help to spend just two minutes sitting, with your eyes open, and focus in turn on some of your senses.

**Sight** - what can you see? What does the texture look like? The colours and shades?

**Sounds** - what's the furthest sound you can hear? What's the closest?

**Touch** - feel your feet on the floor and the seat you're sitting in. Feel your stomach rise and fall as you breathe in and out.

#### 3. Hit Mute

There are practical things you can do to avoid distractions too - and this is important because the sense of 'flow' that comes from being absorbed in activity is important to wellbeing. So, mute group chats, use your phone settings to stop notifications popping up on your phone from email or social media, and set a time limit for usage on the apps you find most distracting. You can also set downtime on most phones, which means apps will be temporarily silenced during a certain period.



Next school nurse drop in session: Tuesday 13<sup>th</sup> January 2026, 3-4pm.

# Autumn Term Dates For Your Diary

<u>When</u>	<u>Event/Notice</u>	<u>Action</u>
Monday 1 <sup>st</sup> September 2025	Inset day	School is closed to pupils.
Monday 15 <sup>th</sup> September	Y6 crime & punishment workshop	In school.
Tuesday 16 <sup>th</sup> September	Y2 Manchester Runway trip	More info to follow.
Tuesday 23 <sup>rd</sup> September	Open Day	For the Reception 2026 class. 9:15am.
Thursday 2 <sup>nd</sup> October	Y3 Outdoor Elements trip	Pay on ParentPay.
Monday 6 <sup>th</sup> October	Y1 & Y2 Witches & Wizards week	w/c 06.10.2025.
Tuesday 7 <sup>th</sup> October	Y4 Beacon Fell trip	Please pay on ParentPay.
Friday 10 <sup>th</sup> October	Hello Yellow! World Mental Health Day	Wear yellow to school! <a href="#">Donate here</a>
Tuesday 21 <sup>st</sup> October	Y5 Jodrell Bank trip	Set off from school at 8:15am.
Tuesday 21 <sup>st</sup> October	Fire Safety Talks	Rescheduled.
Thursday 23 <sup>rd</sup> October	Non uniform day	Halloween themed! £1 donation (ParentPay).
Thursday 23 <sup>rd</sup> October	KS2 Bonfire Night safety talk	In school with Lancashire Police.
Thursday 23 <sup>rd</sup> October	Break up for half term	School closes at 3:20pm.
Friday 24 <sup>th</sup> October	Inset day	School closed.
Monday 3 <sup>rd</sup> November	Inset day	School is closed to pupils.
Tuesday 4 <sup>th</sup> November	School re-opens	School open for Autumn 2.
Tuesday 4 <sup>th</sup> November	Whole school flu immunisations	Electronic form to be completed.
Wednesday 5 <sup>th</sup> November	Parents afternoon	1:00pm - 6:00pm, available to book now.
Tuesday 11 <sup>th</sup> November	School Nurse drop in	3pm - 4pm.
Friday 14 <sup>th</sup> November	Children in Need 2025	Wear what you dare for Children in Need!
Wednesday 19 <sup>th</sup> November	Y6 residential trip	Robinwood, Todmorden.
Wednesday 26 <sup>th</sup> November	Y1 trip to Gawthorpe Hall	A Victorian Christmas experience.
Friday 28 <sup>th</sup> November	Reception trip - Christmas panto	The Grand, Clitheroe. More info to follow.
Tuesday 2 <sup>nd</sup> December	KS1 trip - Christmas panto	The Grand, Clitheroe. More info to follow.
Thursday 4 <sup>th</sup> December	KS2 trip - Christmas panto	The Grand, Clitheroe. More info to follow.
Monday 8 <sup>th</sup> December	Fire Safety talks	Y2 & Y6, in school.
Wednesday 10 <sup>th</sup> December	KS2 Christmas Show	St Mary's Hall, afternoon performance.
Thursday 11 <sup>th</sup> December	Reception Christmas Performance	9:30am & 2:00pm, in the school hall. (New times)
Thursday 11 <sup>th</sup> December	KS2 Christmas Show	St Mary's Hall, evening performance.
Friday 12 <sup>th</sup> December	Year 1 Christmas Performance	9:15am in the school hall.
Friday 12 <sup>th</sup> December	Year 2 Christmas Performance	1:15pm in the school hall.
Friday 19 <sup>th</sup> December	Break up for the Christmas holidays	School closes at 2pm.