



Edisford Newsflash

Week 31

Hello everyone! Welcome to another weekly Newsflash which aims to keep you well-informed about weekly events at school. We will still be sending out a more detailed newsletter which celebrates children's achievements, but this newsflash will ensure that you are kept up to speed with things from week to week.

Marvellous Manners

Our Marvellous Manners celebrate British values and our Edisford Characteristics for Success – Confidence, Resilience, Getting Along, Organisation and Persistence. Each week, our Ambassadors give us a new Marvellous Manner to work on, and on Fridays, the teachers give out house points to those who have particularly stood out.

This Week's Marvellous Manners: **Trying hard to achieve your personal best in sports day.**

Mrs Darnell, Mrs Smithson & Mrs Blackmore nominated: Sadie F & Emilia S, for trying their very best, for being supportive of others and being very well behaved.

Miss Blockeel, Miss Knight and Mrs Halstead nominated: Harper R, Noah G-F & Jacob W, for their speedy racing and great sportsmanship.

All of Year 1 for trying so hard during Sports Day.

Mrs Calton & Miss Slinger nominated: All the Year 5 and 6 children who helped set up and run the EYFS and KS1 sports day.

All of Year 2 for excellent sportsmanship in Sports Day.

Mrs Dryden nominated: Lorenzo C - Mrs Calton wanted to give points to Lorenzo for coming 9th out of 200 in a cross country competition.

Esmail H & Indie D, for excellent effort in every race.

Mrs Colvin nominated: Logan M, for his great effort at discus, but most notably, for being so supportive of others and caring if others got upset. This is a typical attitude of lovely Logan.

Scarlett W - you enjoyed every race, supported and cheered on others, congratulating them on their wins and offering a hug if they were upset. Excellent sportswomanship.

Alfie R - you stepped up to do the relay as he's the only boy in his team! He did so well and should be proud!

Mrs Agius nominated: Charlie G & Oliver L, for treating other competitors with respect and support throughout Sports Day. Autumn P & Isaac B, giving it their all in every race.

Nora R, for representing her team in relay as the only girl, she was nervous but did so well!

Max K, for stepping out of his comfort zone and joining us in assembly - we are so proud!

Mrs Jackson & Mrs Chadwick nominated: Harry H, Theo P, Orla F & Charlie S, for stepping up in the relay and racing for a different team as there weren't enough due to Ribblesdale visits.

Next Week's Marvellous Manners: **Being brave and courageous.**

Astounding Attendance!

1st Place - Year 1

2nd Place - Year 3

3rd Place - Year 2

Music Genre of the Week Disco & Pop

Disco pop is a high-energy dance music genre that blends the classic, string heavy grooves of 1970s disco with the catchy, structured hooks of modern pop. It is characterised by funky basslines, lush orchestrations, and a steady "four-on-the-floor" beat designed for continuous dancing.

*News, Notices
& Events*

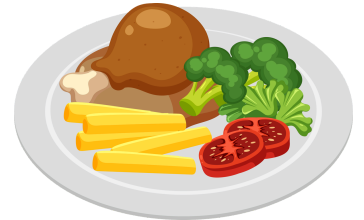
School Trips

There are still a number of outstanding payments for upcoming trips. Please ensure that all consent slips are returned to your child's class teacher and that any outstanding trip payments are made via ParentPay as soon as possible.



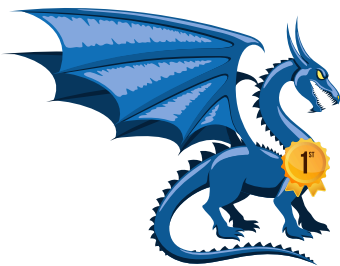
School Lunches

We would like to remind families that school meals must be paid for via SchoolGrid. If your child's SchoolGrid account currently has an outstanding debt, please ensure that they bring a packed lunch to school until the balance has been cleared.



Y6 Summer Show - Hall of Fame

Tickets for the Year 6 summer show are on sale now! Tickets can be purchased via ParentPay, and will be sent home in a named envelope. We look forward to welcoming parents at St Mary's Hall on Wednesday 8th July at 7pm!



Sports Day Results

Thunderclaw - 3730 points

Stormfly - 2970 points

Snafflefang - 2820 points

Razorwhip - 1980 points



Community Events & Notices



SUMMER
Fun at LEAPING LIZARDS Play Centre

www.bookwhen.com/leapinglizardsplay

MINI RAVERS - 17TH JULY
MOBILE PETTING ZOO - 24TH JULY
PRINCESS TEA PARTY - 8TH AUGUST
MINION PARTY EXPERIENCE - 14TH AUGUST
LILO & STITCH - 29TH AUGUST
MICKEY & MINNIE MOUSE - 27TH SEPTEMBER

HAF SESSIONS
SEND SESSIONS
AND SO MUCH MORE

SCAN ME!




pendle leisure trust
Committed to your health & wellbeing

HOME START
in East Lancashire

The Lettings Cloud

Family Fun Day

SATURDAY 11 JULY
10am - 2pm

SEEDHILL ATHLETICS & FITNESS CENTRE

- MINI OLYMPICS
- BEAT THE GOALIE
- MUSIC & MAYHEM
- 100M FUN RUNS
- GRAND TOMBOLA
- INFLATABLES
- EMERGENCY SERVICES VEHICLES
- FACE PAINTING
- REFRESHMENTS AVAILABLE
- FREE PARKING*

SCAN ME
 FOR TICKETS

£10 PER FAMILY
Booked in Advance

£12 PER FAMILY
ENTRY ON THE DAY

ALL PROCEEDS GO DIRECTLY TO SUPPORT LOCAL FAMILIES HOME-START IN EAST LANCASHIRE - BECAUSE CHILDHOOD CAN'T WAIT.

SEEDHILL ATHLETICS & FITNESS CENTRE, SURREY RD, NELSON, BB4 7TU | WWW.PENDLELEISUREPLUS.CO.UK
*FREE PARKING AT NELSON & COLNE COLLEGE | SCOTLAND ROAD, NELSON, BB4 7YT | MOST ACTIVITIES INCLUDED IN ENTRANCE FEE

Out of School Achievements

Penny got a certificate at her swimming class for Water Safety Week, raising awareness of the dangers. She swam in her pyjamas and learnt a lot about open water. Well done, Penny!



Blake and his Clitheroe Cobras cricket team have reached the semi-final of the Lancashire league cup! They defeated Longridge, Norden and Burnley, to set up a semi-final tie against Salsbury. Amazing work, Blake!



10 WAYS TO MAKE EXERCISE A HABIT

MOTIVATION

Keep motivated to persist for some time before the habit forms



BENEFITS

Avoid slumps by focusing on the benefits you are getting from exercise



MISSED SESSIONS

Try to cancel out the effect of a missed session by fitting in another activity that week



FREQUENCY

Frequent early repetitions seem to help build automaticity



VARIETY

Include a range of activities within your week. Try something different



GOALS

Set some process, outcome and performance goals

HEALTH

Don't forget about nutrition and sleep. Eat a well balanced diet and get between 7-9hrs sleep



MONITOR

Log or monitor your weekly activities.



REWARD

Reward yourself every so often. Be proud of what you are achieving



HABITS

Start to develop several smaller habits such as waking up early to exercise or taking gym clothes to work



Summer Term Dates For Your Diary

| <u>When</u> | <u>Event/Notice</u> | <u>Action</u> |
|---|--|---|
| Monday 13 th April | School re-opens | Welcome back for the Summer term! |
| Monday 20 th April | Y3 Animal Experience | In school. Info sent to parents. |
| Tuesday 21 st April | School nurse drop in session | 3-4pm, no appointment required. |
| Monday 4 th May | School closed | Bank holiday. |
| Friday 8 th May | Attenborough's 100 th birthday! | Wilflife party! £2.20 per child. |
| Monday 11 th - 14 th May | KS2 SATs week | Good luck, Y6! |
| Monday 18 th - Friday 22 nd May | Mental Health Week | Activities throughout school. |
| Friday 22 nd May | Non uniform day | £1 donation to be paid via ParentPay. |
| Friday 22 nd May | Break up for half term | 3:20pm finish. |
| Monday 1 st June | School re-opens | Welcome back! |
| Thursday 4 th June | Y3 Ancient Greece workshop | Info sent to parents. |
| Monday 15 th June | School photos | Individual school photo day. |
| Tuesday 16 th June | Y6 Summer trip | Tenpin bowling, Blackburn. Letter sent to parents. |
| Tuesday 23 rd June | Reception Summer trip | Little Lancashire Village! On ParentPay now. |
| Wednesday 24 th June | Summer bake sale | Info to follow. POSTPONED. |
| Friday 26 th June | School photos (take 2!) | Individual school photo day, re-take. |
| Wednesday 1 st July | Whole School Sports Day | Rec & KS1: 9:15am - 10:15am. KS2: 10:30am - 12pm. |
| Thursday 2 nd July | Y1 & Y2 Summer trip | Billy Bob's Ice Cream Parlour! On ParentPay now. |
| Tuesday 7 th July | Y3 Summer trip | Blackpool Zoo! On ParentPay now. |
| Wednesday 8 th July | Y5 Summer trip | Go Ape! Letter sent home. |
| Wednesday 8 th July | Y6 Summer Show | St Mary's Hall evening performance. Info to follow. |
| Thursday 9 th July | Y4 Summer trip | Manchester Science & Industry Museum! Letter sent home. |
| Monday 13 th July | Y6 Leaver's Disco | Available to pay on ParentPay now. |
| Thursday 16 th July | Break up for the Summer! | School closes at 2pm. |